

Weekly Menu W/C 30th May 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup £1.50	Cream of Chicken (52kcal)	Celeriac Soup (155kcal)	Green Pea (223kcal)		
Main Meal £5.00	BBQ Cheese Burger with Tomato and Red Onion (665kcal) Skinny Fries (305kcal) Traditional Coleslaw (169kcal)	Pork Rib Eye Steak (221kcal) Pineapple, Kohlrabi and Black Bean Salsa (92kcal) Smoked Paprika Roast Potatoes (253kcal) Crème Fraiche (88kcal)	Chilli con Carne (294kcal) Steamed Rice (260kcal) Guacamole (63kcal) Sour Cream (61kcal) Tortilla Chips (234kcal)		
Bolt on £1.10			½ Garlic Ciabatta (174kcal)		
Sandwich of the Day £4.00	Mature Cheddar and Sun Dried Tomato (389kcal)	Chicken and Bacon Glass Bread Sandwich (432kcal)	Salami, Emmental, Rocket and Tomato Seeded Baguette (489kcal)		
Vegetarian Meal £4.75	Mushroom and Mozzarella Burger (343kcal) Skinny Fries (305kcal) Traditional Coleslaw (169kcal)	Chargrilled Sesame Tofu (102kcal) Broccoli, Sesame and White Radish Salad (135kcal) Sesame, Chilli and Lime Dressing (101kcal)	Spinach and Ricotta Tortellini (338kcal) Creamy Cheese Sauce (359kcal) Toasted Pumpkin Seeds (89kcal) Crispy Sage Leaves (14kcal)		
Potatoes £1.20	Chips (270 kcal)	Chips (270 kcal)	Chips (270 kcal)		
Vegetable £1.10	Baked Beans (64kcal)	Baked Beans (64kcal)	Baked Beans (64kcal)		
Hot Snack £2.65	Cheese and Onion Pasty (368kcal)	Cornish Pasty (489kcal)	Creamy Chicken Slice (405kcal)		