WEEKLY MENU

MONDAY - FRIDAY

SOUP £1, 95

COOKING

LIVE COOKING/ HAND HELD

MONDAY

TUESDAY

WEDNESDAY THURSDAY

FRIDAY

Thai spiced leek & potato Soup
Turmeric potatoes, leeks,
coriander oil

Broccoli & Stilton Soup
Cannellini bean, peas, chives

Roasted pepper & tomato soup Roasted yellow pepper, sun blushed tomato, basil oil

Cajun chickpea soup Chickpea, roast red onion Mushroom Soup Sauteed mushroom, confit garlic crouton, chive oil

Goulash- £7.00

Light braised beef goulash, fluffy rice, paprika sour cream, chive buttered summer vegetables Noodles - £6.50

Szechuan roast pork loin
Pak choi, bean sprouts, spring
onions, dark soy broth,
sesame, red chilli

Moroccan - £6.50

Cumin & sweet paprika marinated chicken thighs

Apricot, pomegranate, citrus scented couscous, tomato dressing, mint yogurt, pickled lemons

Poke bowl - £6.50

Teriyaki chicken

Avocado, corn, pickled Asian slaw, crispy onions, rice, edamame peas, sticky chilli glaze

Fish Friday- £6.50

Lemon & herb crusted pollock
Crushed new potatoes, green
salad, caper mayo

Greek salad- £6.00

Baked haloumi cheese
Olives, cucumber , tomato, fresh mint,
crisp leaves, lemon dressing

Noodles - £6.50

Szechuan roast tofu
Pak choi, bean sprouts, spring
onions, Dark soy broth, sesame, red
chili

Moroccan- £6.50

Cumin seared courgettes, baba ghanoush Scented fruit couscous, tomato dressing, mint yogurt, pickled lemons Teriyaki Cauliflower- £6.50

Avocado, corn, pickled Asian slaw, crispy onions, rice, edamame peas, sticky chilli glaze

BREAKFAST MENU

MONDAY - FRIDAY

COLD BREAKFAST

Monday

Selection of fresh fruits/fruit salad

Tuesday

Selection of fresh fruits/fruit salad

Wednesday

Selection of fresh fruits/fruit salad

Thursday

Selection of fresh fruits/fruit salad

WEEKLY SPECIAL

POTS OF JOY

Greek Yogurt with:

Berry compote £1.95
Granola and berry compote £2.25

FRIDAY SPECIAL

#PANCAKES

Fluffy pancakes with:

Smoked streaky bacon & maple syrup £5.50

Berries & honey drizzled yogurt £5.00

PASTRIES

All Butter Croissant £1.60

Pan au Chocolat £1.60

Pan aux Raisin £1.60

Chocolate Twist £1.60

DRINKS

Brazil Orange 250ml £1.95

100% Apple Juice 250ml £1.95

Multi-Vitamin Juice 250ml £2.00

WEEKLY MENU

MONDAY - FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARGARITA £5.50	Classic Cheese and Tomato	Classic Cheese and Tomato	Classic Cheese and Tomato	Classic Cheese and Tomato	Classic Cheese and Tomato
MEAT £7.00	Classic pepperoni	Tandoori chicken	Cajun ground beef & green pepper	Chorizo and Oregano	Meat feast
UEGETARIAN £7.00	Roasted pepper & red onion	Goats cheese & caramelised onion	Garlic mushrooms	Courgette & basil	Veggie supreme
TOPPINGS	Sliced Black Olives Dried Chilli Flakes Rocket Leaves Crispy Onion Flavoured Oils	Sliced Black Olives Dried Chilli Flakes Rocket Leaves Crispy Onion Flavoured Oils	Sliced Black Olives Dried Chilli Flakes Rocket Leaves Crispy Onion Flavoured Oils	Sliced Black Olives Dried Chilli Flakes Rocket Leaves Crispy Onion Flavoured Oils	Sliced Black Olives Dried Chilli Flakes Rocket Leaves Crispy Onion Flavoured Oils