

WEEKLY MENU

MONDAY - FRIDAY

**SOUP
2.00**

**LIVE
COOKING**

**LIVE
COOKING/
HAND
HELD**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Soup Cannellini bean, croutons, fresh tomato, basil oil 150kcal	Spiced lentil Soup Roast chickpea, red lentils, coriander, curry oil 143kcal	Thai spiced butternut squash soup Squash, chilli, coriander 159kcal	Carrot, coconut and spinach soup chickpea, red pepper 200kcal	Early Autumn Soup Pumpkin seed, borlotti bean, lemon oil 150kcal
Risotto- 7.50 Grilled chicken breast, Autumn mushrooms, rocket pesto, crispy kale, garlic crumb, fresh Parmesan cheese 598kcal	Pizza special day Garlic bread 196kcal Cesar salad 135 kcal Potato wedges 250kcal	Roast loin of pork - 8.00 Sage, apricot & onion stuffing, crackling, apple sauce, Autumn vegetables, savoy cabbage, cider jus 998kcal	Thai – 7.50 Thai green chicken curry, jasmine rice, spring roll, Thai sweet chilli sauce 875kcal Or Thai green vegetable curry 7.00 786kcal	Pizza special day Onion rings 250kcal BBQ chicken wings 152kcal Mozzarella sticks 160kcal Fries 405kcal
Or Roasted chilli squash risotto 6.50 526kcal		Spinach & potato Balti- 7.00 Pilau rice, mango chutney, onion bhaji 689kcal		

WEEKLY MENU

MONDAY - FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARGARITA 6.00					Classic cheese & tomato 870kcal
MEAT 7.50	Pizza bar closed today	Ham & pineapple 1215 kcal	Pizza bar closed today	Pizza bar closed today	Meat feast 1287kcal
VEGETARIAN 7.50		Tomato, pesto & mushroom 1002kcal			Veggie supreme 1051kcal
TOPPINGS		Dried chilli flakes Crispy onion Flavoured oils			Dried chilli flakes Crispy onion Flavoured oils