WEEKLY MENU

MONDAY - FRIDAY

SOUP 2.00

COOKING

LIVE COOKING/ HAND HELD

MONDAY

TUESDAY

WEDNESDAY THURSDAY

FRIDAY

Sweet potato Soup Cannellini bean, Cumin roast carrot, chive oil 150kcal

Meatballs - 7.00

Pork, fennel & red chilli meatballs.

slow cooked tomato sauce, linguine

pasta, rocket & pumpkin seed pesto,

grana Padano cheese, garlic crumb

629kcal

Or

Roasted squash & broccoli in garlic &

red chilli

514kcal

Roast chickpea, red lentils, coriander, curry oil 143kcal

Spiced parsnip Soup

Katsu - 7.50

Panko crusted chicken breast, steamed rice, mango curry sauce, pickled radish, crispy onions 706kcal

Panko crusted tofu katsu, steamed rice, mango curry sauce, pickled radish, crispy onions 702kcal Minestrone soup Pasta, focaccia croutons, carrots, pesto, peas 159kcal

Honey glazed roast gammon- 8.00

Crispy roast potatoes, Autumn root vegetables, buttered hisbi cabbage, Yorkshire pudding, aromatic spiced gravy 798kcal

Chana masala- 7.50

Spiced chickpeas, pilau rice, mango chutney, bhaji 598kcal Leek and potato soup Crispy potato, sauteed leeks, parsley oil 176 kcal

Lancashire day- 7.50

Lancashire lamb hot pot, braised red cabbage, peas & leeks 702kcal

Vegetable Lancashire hot pot-7.00
Braised red cabbage, peas & leeks
524kcal

Curried butternut squash Soup Pumpkin seed, borlotti bean, roast squash, lemon oil 150kcal

Pizza special day

Onion rings 250kcal BBQ chicken wings 152kcal Mozzarella sticks 160kcal

Fries 405kcal

WEEKLY MENU

MONDAY - FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARGARITA 6.00	Pizza bar closed today	Classic cheese & tomato 870kcal			
MEAT 7.50					Meat feast 1287kcal
UEGETARIAN 7.50					Veggie supreme 1051kcal
TOPPINGS					Dried chilli flakes Crispy onion Flavoured oils