WEEKLY MENU

MONDAY - FRIDAY

SOUP 2.00

COOKING

LIVE COOKING/ HAND HELD

MONDAY

TUESDAY

WEDNESDAY THURSDAY

FRIDAY

Spiced red pepper Soup Cannellini bean, pickled red onion, basil oil 122 kcal Mushroom & basil Soup
Crispy potato, mushrooms,
garlic oil
145kcal

Spiced bean and lentil broth Vegan pesto, croutons 119kcal

Jerk Chicken - 7.50

Broccoli & leek soup Butterbean, sautéed leeks, dill oil 125kcal

Tomato Soup Smoked paprika chickpeas, red pepper 129kcal

No odles 7.50

Thai Spiced chicken

Noodles, spring roll, prawn crackers
687kcal

Or crispy tofu

Or crispy tofu 698kcal Schnitzel - 7.50

Breaded tenderized turkey schnitzel, Brussel bubble & squeak, orange glazed carrots, spiced cranberry gravy dip 659kcal Jerk chicken leg Rice 'N' Peas, jerk curry sauce, mango salsa 598kcal Pork & stilton burger - 7.50

Seeded bun, cranberry ketchup, apple & celeriac slaw, peppered fries 759kcal

Pizza special day

Onion rings BBQ chicken wings Mozzarella sticks Fries

Plant powered shawarma - 7.00

Oyster mushrooms, humus, red cabbage slaw, flatbread 585kcal Sweet potato jerk spiced curry, rice 'N'
Peas, mango salsa
498kcal

Vegan - 6.50

Black bean chilli , sweet potato fries, sour cream 525kcal

Chilli- 6.50

WEEKLY MENU

MONDAY - FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARGARITA 6.00					Classic Cheese and Tomato 807kcal
MEAT 7.50	Pizza bar closed today	Spicy pepperoni 1080kcal			
UEGETARIAN 7.50					Spinach & pesto 925kcal
TOPPINGS					Dried Chilli Flakes Crispy Onion Flavoured Oils