

THE KITCHEN

	Monday - 23rd Celebration of EID	Tuesday - 24th	Wednesday - 25th International Waffle Day	Thursday - 26th	Friday - 27th
Soup – 2.00 Soup Bread – 0.95	Indian Spiced Lentil (260kcal) Homemade Focaccia (308kcal)	Cream of Mushroom Soup(360kcal) Homemade Focaccia (308kcal)	Leek, Pea and Watercress (154kcal) Homemade Focaccia (308kcal)	Curried Sweetcorn Soup (393kcal) Homemade Focaccia (308kcal)	Spiced Parsnip (234kcal) Homemade Focaccia (308kcal)
Main Meal 6.00	Roast Tandoori Chicken (400kcal) Sultana and Cashew Biryani Style Rice (121kcal) Garlic and Coriander Naan Bread (125kcal) Vegetable Pakora (96kcal)	Pork Loin Steak (245kcal) Forestiere Style Lentils (315kcal) (Pearl Onions, Bacon, Chopped Tomatoes)	Beef Bolognese (387kcal) Penne Pasta (360kcal) Pesto Dressing (114kcal)	Pulled Chicken and Black Bean Chilli (487kcal) Steamed Basmati Rice (139kcal)	Battered MSC Battered Pollock Fillet (394kcal) Chips (270kcal) Tartare Sauce (85kcal)
Bolt on 2.00 each	Punjabi Samosa x 2 (148kcal) 2.00 Poppadum x 1 (48kcal) 0.90 Large Samosa x 1 (231kcal) 2.00	Sweet Potato Fries (187kcal)	Garlic and Herb Slice x 1 50p (97kcal) Breaded Mozzarella Sticks (314kcal) 2.50	Jalapeno Poppers (310kcal) 2.50	Gravy (28kcal) – 0.90
Vegetarian Meal 5.75	Channa Masala (314kcal) Sultana and Cashew Biryani Style Rice (121kcal) Garlic and Coriander Naan Bread (125kcal) Vegetable Pakora (96kcal)	Salt Baked Celeriac Steak (187kcal) Forestiere Style Lentils (287kcal) (Pearl Onions, Chopped Tomatoes)	Quorn Bolognese (312kcal) Penne Pasta (360kcal) Pesto Dressing (114kcal)	Pulled Quorn and Black Bean Chilli (397kcal) Steamed Basmati Rice (139kcal)	Battered Quorn Sausage(454kcal) Chips (270kcal) Tartare Sauce (85kcal)
Potatoes - 1.45	Bombay Potatoes (201kcal)	Lemon and Thyme New Potatoes (175kcal)	Sweet Potato Wedges (189kcal)	Fajita Spiced Chips (273kcal) 1.75	Chips (270kcal)
Vegetable - 1.30	Masala Roasted Cauliflower with Cashew Nuts and Sultanas (175kcal)	Charred Sweetheart Cabbage (54kcal)	Garlic Roasted Courgettes (175kcal)	Lemon Green Beans (95kcal)	Garden Peas (77kcal) Mushy Peas (71kcal)
Hot Hand Held - 4.00	"Pav Bhaji" Sag Aloo in a Potato Scone, Coriander and Red Onion Salad, Green Chutney, Tamarind Chutney (387kcal) 4.00	Classic Cheese Burger (671kcal)	Legghorn Chicken Taco Flatbread (319kcal) Dressed Salad 914kcal) Pickled Red Onions (8kcal) Herb Pesto (48kcal)	Homemade Pork Sausage Roll (571kcal)	Jumbo Battered Sausage 2.95 (513kcal) Saveloy 2.00 (207kcal)
Available Everyday	Chips (270 kcal) – 1.50 Baked Beans (64kcal) Jacket Potato (248kcal) Grated Cheese (83kcal) Tuna Mayo (180kcal)	Chips (270 kcal) - 1.50 Baked Beans (64kcal) - 1.00 Jacket Potato (248kcal) – 2.10 Grated Cheese (83kcal) – 1.80 Tuna Mayo (180kcal) – 2.00	Chips (270 kcal) - 1.50 Baked Beans (64kcal) - 1.00 Jacket Potato (248kcal) – 2.10 Grated Cheese (83kcal) – 1.80 Tuna Mayo (180kcal) – 2.00	Chips (270 kcal) - 1.50 Baked Beans (64kcal) - 1.00 Jacket Potato (248kcal) – 2.10 Grated Cheese (83kcal) – 1.80 Tuna Mayo (180kcal) – 2.00	Chips (270 kcal) - 1.50 Baked Beans (64kcal) - 1.00 Jacket Potato (248kcal) – 2.10 Grated Cheese (83kcal) – 1.80 Tuna Mayo (180kcal) – 2.00
Hot Sweet 2.70	Sheer Khurma (345kcal) (Milk, Nuts and Vermicelli warm dessert)	Baked Cheesecake (351kcal) Cream (158kcal)	Waffle Station Biscoff, Whipped Cream, Butterscotch Sauce (614kcal) Oreo Crumb, Whipped Cream, Chocolate Sauce (645kcal)	Chocolate & range Sponge (378kcal) Chocolate Custard (95kcal)	Lemon Curd Sponge (370kcal) Cream (158kcal)

Menus subject to change due to product availability. Please see today's printed menus on the service counters for exact menus and pricing